



## 2008 VIRGINIA OPEN

Lifter	Division	Wt. Class	Squat	Bench	Deadlift	Total
Karen Poyner	Raw M3 Open	105	180	130	255	565
Leigh Haines	Open M2	123	225	180 *	245	650
Craig Curtis	Raw M1	148	270	260	305	835
Michael Long	College	165	380	260	385	1025
Jacob Walker	Raw 18-19	181	315	210	460	985
William Bogue	Raw M1	181	365	290	405	1060
Taylor Farley	College	181	435	265	450	1150
Walker Breeden	M7	181	235	200	415 *	850
David Feltes	College	198	440	345	465	1250
Travis Pardue	Raw Open	198	430	320	580	1330

Romaine Bostick	Open	242	650	445	540	1635
Doug Currence	M2	242	650	480	605	1735
<b>Lifter</b>	<b>Division</b>	<b>Wt. Class</b>		<b>Bench</b>	<b>Deadlift</b>	<b>Total</b>
<b>BENCH ONLY</b>						
Karen Poyner	Raw M3	105		130		
Rob Maggi	Open	165		310		
John Self	Raw Open	181		365		
Adam Mamola	Open	181		550 *		
Thane Russo	Open	198		355		
Thomas Comfort	40-44	198		300		
John Jackson	Raw 40-44	220		350		
Jason Kelly	Raw Open	242		340		
Bill Gillespie	Open M2	275		660 *		

<b>Lifter</b>	<b>Division</b>	<b>Wt. Class</b>		<b>Bench</b>	<b>Deadlift</b>	<b>Total</b>
<b>IRONMAN</b>						
Katina James	Raw Open	165		110	205	315
Michael Bennett	Open M2	220		380	650	1030
Keith Barrett	Police	220		385	525	910
Jeff Lanouette	Raw Open	242		290	455	745
John Ott	Raw M3	242		310	515	825
<b>DEADLIFT ONLY</b>						
Katina James	Raw Open	165			205	
Tom Makovitch	16.17	148			300	
Jeremy Greenbacker	Raw 18-19	198			355	
Kenneth James	M2 Police	220			545	

\* New USAPL American Record